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Get Romantic!

We asked the experts for ways to bring real romance into the home

Firing Up the Bedroom

Q The master bedroom is pretty, but the man of the house is not comfortable with its “fou-fou factor.” How can I infuse some vitality into it but keep the pretty look?

A *This bedroom was too white and cool pale and calm; it needed some color and energy, says Anita Rosenberg, certified Feng Shui consultant and author of The Art of Painted Furniture. “I had [the homeowner] fire up the energy,” Anita says. “She went to Target and spent \$130 on more colorful bedding and curtains. The red accents and fiery candles give the entire room a different feel.” (To sign up for Anita’s Feng Shui free newsletter, visit anitarosenberg.com.)*



BEFORE

(Above)
This bedroom was very pretty, but too feminine and cool for a couple.

(Right)
Adding a few simple elements with intense color gave the room instant warmth and energy.



AFTER

PHOTOGRAPH BY ANITA ROSENBERG

Feng Shui Secrets

Here are some other tips from Anita:

- Replace silk and dried flowers with fresh. “Live plants and cut flowers make the home come alive with vibrant life-force energy,” Anita says.
- Keep the toilet lid closed in the bathroom. Water and money are equivalent in Feng Shui; when the lid is up, it’s like money being poured down the drain. Close the lid and seal the energy.
- Consider subject matter in your art pieces. Solitary figures suggest loneliness; you may not want that reminder especially if you live alone yourself.
- Bathrooms are “watery” rooms—soak it up with earth elements such as yellow hues, square shapes like tiles and towels, and earth itself from potted plants.
- Next time you go to your favorite spa, observe the colors and textures that you respond well to. Then try adding them to your bathroom, to essentially create your own “home spa.”